



SANCTUM
WELLNESS



“HOW BEAUTIFUL IT IS TO DO NOTHING,
AND THEN TO REST AFTERWARDS.”

Spanish Proverb

SPA RITUAL

GOLDEN REJUVENATION

150 minutes | RM750

Rejuvenate and indulge in a holistic and aesthetic 24k gold powder facial and body treatment, to give your skin a natural glow, followed by a relaxing body massage. The gold powder is mixed with passion flower and artemisia, creating a combination of valuable active ingredients in the quest for absolute youth.

SULTANA'S VEIL

120 minutes | RM600

A blissful escape to the land of the Arabian Nights, the ritual begins with a gentle body exfoliation to restore your skin to its radiant glow, followed by a soothing Rhassoul mud body wrap and calming aromatherapy massage with the bewitching fragrance of jasmine and sandalwood. This holistic treatment offers the skin the wonderful softness of a Sultana's satin skin.

MASSAGES

SANCTUM SIGNATURE

90 minutes | RM520

Inspired by gentle tree movements, our Sanctum Signature massage lulls you into a deep state of relaxation using a rhythmic technique with precision to engage all senses and mesmerise you holistically.

TRADITIONAL URUTAN MALAYSIA

90 minutes | RM520

"Urutan" or massage in the Malay language, provides tranquil healing that blends long and firm strokes with thumb pressure. This massage works on muscle and nerve pathways to encourage blood circulation and relieve tension.

BALINESE MASSAGE

60/90/120 minutes | RM420/RM520/RM620

Originating from the island of paradise, this massage involves a combination of various traditional techniques which have been passed through generations, to stimulate the flow of blood, oxygen and energy throughout the body, and bring a sense of well-being, calmness and deep relaxation.

AROMATHERAPY MASSAGE

60/90/120 minutes | RM420/RM520/RM620

A gentle and calming massage enhanced with aromatic essential oils which release their healing properties into the skin to balance your body and mind, restoring a sense of well-being.

RELAX & REST MASSAGE

60/90 minutes | RM420/RM520

Our Relax & Rest Massage is a holistic treatment that aims at restoring physical and energy conditions that contribute to improving sleep regulation qualitatively. The massage techniques work on the physical and energy level, complementing each other harmoniously.

DEEP TISSUE MASSAGE

60/90/120 minutes | RM470/RM570/RM670

This massage is designed for maximum therapeutic results using moderate to deep pressure, to treat specific muscle groups. The technique helps to release muscle spasms, tension and aids repetitive stress syndrome.

QUICK FIX - NECK & SHOULDER MASSAGE

30 minutes | RM220

This treatment is specially designed to reduce the stiffness and muscle pain caused by muscle fatigue and helps to overcome exhaustion. We recommend this treatment if you have difficulty sleeping.

FOOT REFLEXOLOGY

30/60 minutes | RM220/RM420

An ancient art of healing that has been practiced for over five thousand years by applying pressure to reflexology points which are mapped out on the feet. Reflexology activates the nervous system to clear any blockages in corresponding areas of the body. Stress reduction with improved circulation encourages the body to return to its normal functions and promotes deep relaxation.

BODY TREATMENT

FLOWER AND FRUIT EXFOLIATION

45 minutes | RM250

Coconut, date, and apricot kernel powder exfoliates and eliminates impurities from the skin, while orange blossom softens, moisturises and invigorates the body.

DAMASCENA ROSE SALT EXFOLIATION

45 minutes | RM250

Restore your skin to its radiant glow with an exfoliating sea salt enriched with Damascena rose essential oil. As the delightful aroma envelopes you, your body is gently polished, resulting in silky-smooth and nourished skin.

LEMONGRASS AND JASMINE CREAM EXFOLIATION

45 minutes | RM250

A deeply nourishing and hydrating body polish to replenish the skin with moisturising lemongrass and jasmine body polish.

RHASSOUL BODY WRAP

60 minutes | RM350

Natural clay with purifying and softening properties help rid the skin of impurities while also providing a naturally toning and firming effect.

FACIAL

LIFT CVS FACIAL

90 minutes | RM680

An exfoliating and lifting treatment to sculpt contours and redefine the shape of the face. Featuring pure marine elastin to accelerate cell renewal, restructure, firm, hydrate and protect against exterior aggressions by way of manual exfoliation. A face lift that stimulates epidermal reconstruction to make you feel youthful.

ANTI-AGING MC110 FACIAL

90 minutes | RM680

The ultimate anti-aging facial therapy to revitalise and protect the elasticity of the skin, thanks to its antioxidant ingredients. A treatment using a vibratory massage technique that will leave your skin smoother and brighter with your facial contours plumped and redefined.

RESTRUCTURANT ET LISSANT FACIAL

90 minutes | RM680

Healing facial for fragile, hypersensitive skin to stimulate the natural defense by working in harmony with the lymphatic and circulatory system. An excellent calming treatment that will leave your skin feeling stress-free, reconditioned, and glowing.

MASQUE EXFOLIANT P50 VISAGE FACIAL

90 minutes | RM680

A unifying and regenerating therapy for intense nourishment that will smoothen and brighten your complexion.

TIMELESS FACIAL

75 minutes | RM480

The first step to preventing early signs of aging, with anise and ginseng extracts to reduce fine lines and energise dull complexions.

HYDRATING FACIAL

75 minutes | RM480

Visibly enhances the skin's texture and maximises hydration. This nourishing facial combines the hydrating benefit of avocado extract with propolis, a natural hydrating substance collected from bees, to boost skin suppleness and moisture retention.

ADDITIONAL TREATMENT

EYE ENHANCEMENT

30 minutes | RM200

Gentle massage and lymphatic drainage to help reduce puffy eyes, brighten tired eyes and gently smoothen out fine lines.

SANCTUM ENERGY BALANCE

30 minutes | RM200

Deeply meditative, this experience brings the body's energy channels into alignment through a fluid combination of healing crystals, light massaging, and specific essential oil blends. This unique experience leaves guests feeling calm and in a state of harmony, resulting in an increased feeling of well-being.



LUXURY PACKAGES

FLORA SENSATION

180 minutes | RM1,088

Damascena Rose Exfoliation + Aromatherapy Massage + Anti-aging MC 110 Facial

An enchanting beauty ritual that elevates the notion of femininity to the next level. The ritual begins with a gentle Damascena rose body exfoliation followed by a calming aromatherapy massage and an anti-aging MC 110 facial by Biologique Recherche.

THE VITAL MAN

180 minutes | RM1,088

Lemongrass and Jasmine Cream Exfoliation + Aromatherapy Massage + Men's Restructurant et Lissant Facial

And of course, we have designed holistic treatments for men too! This power-packed, energising ritual helps to recharge the body, ease muscle tensions and fight skin aggressions due to hectic lifestyles. Starting with lemongrass and jasmine cream exfoliation to remove skin impurities, the calming aromatherapy massage and Men's Restructurant et Lissant facial by Biologique Recherche will completely refresh and revitalise male guests.

ROMANTIC

180 minutes | RM1,688 per couple

Body Exfoliation + Sea Salt Milk Bath + Aromatherapy Massage

An enchanting beauty ritual that elevates the notion of love to the next level. The ritual begins with a gentle damascena rose body exfoliation followed by a relaxing sea salt bath treatment with enriched water containing traces of mineral salts which act as a detoxifying and antioxidant agent. Culminated with a personalised aromatherapy massage in our couple's spa suite.

SPA ETIQUETTE

Our spa is an oasis of relaxation and tranquility. Please respect all spa guests' right to privacy and serenity.

To this end, the spa is a mobile phone, camera, alcohol, and smoke-free zone.

ARRIVAL

Please allow sufficient time before your treatment to complete our Spa Consultation Form and/or Health Questionnaire. We recommend you be at the spa 45 minutes prior to your treatment so that you can change, relax and enjoy the facilities. Please be advised that late arrivals will result in a reduction in treatment time. The spa will provide towels, robes, slippers, and other necessary amenities during your visit.

HEALTH CONDITIONS

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your reservation.

CANCELLATION POLICY

A 100% charge will be incurred for any treatment cancellation less than 4 hours prior to your scheduled treatment time.

CHILDREN

The minimum age for the spa is 14 years old.

GIFT CERTIFICATES

Gift Certificates for spa services and retail products are available from Sanctum Wellness.

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