



SANCTUM

WELLNESS





MASSAGES



MASSAGES

Give your body the gift it deserves. Allow relief, relaxation and tranquillity to flow from the ministrations of our talented therapists, enabling you to take on the world all over again.

MALAY URUT

90 minutes | RM570

Slow, constant pressure is the basis of Malay-style massage, where long firm strokes with the palms and forearms are coupled with pressure from the therapist's thumbs. This treatment works best on nagging aches as it encourages blood circulation to muscles, and helps relieve tension.

BALINESE

60/90/120 minutes | RM470/RM570/RM670

This massage style exerts a comfortable but not heavy pressure, and consists of a combination of deep tissue relief and long strokes designed to stimulate blood flow, release pressure points and bring about a sense of vitality and well-being.

AROMATHERAPY

60/90/120 minutes | RM470/RM570/RM670

Perfect for those with sensitivity to pressure, this massage uses light, long strokes and gentle circling motions to soothe and relax. The aromatic essential oils used help to calm both mind and body.

DEEP TISSUE

60/90/120 minutes | RM470/RM570/RM670

This treatment modality is designed to loosen tight muscles, stimulate the lymphatic system, and unknot tension. Using medium to deep pressure, the massage targets overworked, bunched and cramped muscles for a more balanced body.

SPORT MERIDIEN*

60/90/120 minutes | RM550/RM650/RM750

Designed for the body in motion. This massage-driven treatment targets muscle recovery and physical conditioning through precise, purposeful techniques — improving circulation, delivering oxygen and nutrients where they are needed most, and supporting mobility, injury prevention, and peak performance. Equally effective before and after training.

*Available upon request and subject to availability. This specialised treatment is performed exclusively by a male therapist.

BODY TREATMENTS





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Be soothed, refreshed and revitalised with our range of body treatments designed to make skin glow, and banish signs of tiredness.

FLOWER AND FRUIT EXFOLIATION

45 minutes | RM270

A delectably scented scrub featuring coconut, date and apricot kernel powder to exfoliate and remove impurities from skin, with energising orange blossom to soften, moisturise and invigorate the body.

DAMASCENA ROSE SALT EXFOLIATION

45 minutes | RM270

Regain a natural glow with the luxurious damascena rose essential oil-scented exfoliating sea salt scrub which buffs away dead skin, leaving the body gently polished, with silky-smooth and nourished skin.

LEMONGRASS AND JASMINE CREAM EXFOLIATION

45 minutes | RM270

A deeply nourishing and hydrating body scrub designed to infuse the skin with moisturising, revitalising lemongrass by way of a jasmine body polish.



FACIALS



FACIALS BABOR

BABOR is an internationally leading brand of professional cosmetics from Germany since 1956. The award-winning skin care innovation enhances the effect of a treatment. This creates an extraordinary beauty experience that combines precise results with an absolute pampering factor. In other words: the art of precise skin care.

MOISTURISING CLASSIC

Combination | Tired Skin

60 minutes | RM550

The initial warmth opens pores and helps skin to rid itself of blockages. The cool elements minimise pores, invigorating the skin and helping it glow. Products from our premium SKINOVAGE collection are used in accordance to your skin type.

MOISTURISING CLASSIC PLUS

Dry | Dehydrated

90 minutes | RM650

This treatment utilises deep exfoliation to re-energise the skin from cellular level to surface, culminating in a smoother, brighter face and refreshed eye area.

HSR LIFTING

Matured | Anti-Aging

90 minutes | RM750

The high-performance anti-aging ingredients in our HSR®, ReVersive and SeaCreation collections combined with effective massage techniques help bring a youthful dewiness to tired and stressed faces.

DR. BABOR LIFTING CELLULAR

Matured | Lifting

90 minutes | RM850

This treatment helps mitigate visible wrinkles and a lack of skin elasticity by use of a tissue-stimulating massage designed to firm skin and imbue it with visible smoothness and youthfulness.



LUXURY PACKAGES





LUXURY PACKAGES

Indulge in the ultimate luxury of our face and body combination treatments. Sink into bliss and well-being as our therapists transport you to the realm of deep relaxation.

ENERGISING

180 minutes | RM1,188

BABOR Body Scrub | Malay Urut | Dr. BABOR Facial

This ultra-pampering treatment begins with a BABOR body scrub for deep-cleansing and relaxation. This is followed by traditional Malay massage, which soothes muscles and relieves tension. The Dr. BABOR facial infuses skin with hydration, with gentle massage helping to promote skin restoration in the face, neck and décolleté using active ingredients designed to nourish and renew skin for a youthful appearance and radiant complexion.

FLORA SENSATION

180 minutes | RM1,188

Damascena Rose Salt Exfoliation | Aromatherapy Massage | HSR Anti-aging Facial

This spa ritual begins with a gentle damascena rose body exfoliation followed by a relaxing aromatherapy massage and an anti-aging and lifting facial with ultra-effective products by BABOR, designed to rejuvenate the face.

THE GENTLEMAN

180 minutes | RM1,188

Lemongrass and Jasmine Exfoliation Cream | Aromatherapy Massage

Men's Moisturising Classic Facial

This energising whole-body ritual helps to stimulate the body with an initial lemongrass and jasmine cream exfoliation to remove skin impurities before a massage designed to relax and ease muscles. The facial which utilises top-of-the-line formulations to refresh the skin and fight skin aggressions due to hectic lifestyles is designed to rejuvenate and revitalise the way skin looks and feels.

ROMANTIC

180 minutes | RM1,888 per couple

BABOR Body Scrub | Swedish Massage | Sea Salt Milk Bath

This ultimate indulgence begins with a BABOR scrub which cools and refreshes the skin while removing dark spots and promoting circulation. The Swedish massage helps energise the body with its percussive technique coupled with kneading, tapping and rolling meant to relieve stress or pain by relaxing tight muscles and promoting blood flow. The final part of this deluxe treatment is a sea salt milk bath with enriched water containing traces of mineral salts that act as a detoxifying and antioxidant agent to purify skin for a flawless complexion.

SPA ETIQUETTE

Our spa is an oasis of relaxation and tranquility.

Please respect all spa guests' right to privacy and serenity.

To this end, the spa is a mobile phone, camera, alcohol, and smoke-free zone.

ARRIVAL

Please allow sufficient time before your treatment to complete our Spa Consultation Form and/or Health Questionnaire. We recommend you be at the spa 45 minutes prior to your treatment so that you can change, relax and enjoy the facilities.

Please be advised that late arrivals will result in a reduction in treatment time. The spa will provide towels, robes, slippers, and other necessary amenities during your visit.

HEALTH CONDITIONS

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your reservation.

CANCELLATION POLICY

A 100% charge will be incurred for any treatment cancellation less than 4 hours prior to your scheduled treatment time.

CHILDREN

The minimum age for the spa is 14 years old.

GIFT CERTIFICATES

Gift Certificates for spa services and retail products are available from Sanctum Wellness.

EQ

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